

Exploring the Daily Wonder & Awe in Healthcare



**A Hope in Healthcare Fall Retreat
for Healthcare Professionals
(Spouses are invited)**

**Friday, November 2 to
Sunday, November 4, 2012**

Arrival on Friday after 5:00 pm
Departure on Sunday at 11:00 am

A weekend for you to recall the amazing experiences that sustain you in doing your precious work in healthcare

We in healthcare are always witnessing and experiencing examples of extraordinary human courage, goodness, grace, and compassion, even at end-of-life. As we face increasing challenges in a world and in workplaces focused on efficiency and finance, it is essential for us to share together the wonder-filled stories from our work – stories that can sustain us and remind us of why we do what we do.

Program Elements:

This *Hope in Healthcare* Retreat creates opportunities for you to reawaken and recall the essential nourishing reasons to share your expertise in the field of healthcare.

There'll be time to share your stories of awe and wonder in small and large groups and to listen to the stories of others; time for meditation, reflective silence, movements, conversations and discussion about what is RIGHT with our work.

As always there is the beauty of Nature at Peace Village and the nourishment of simple, vegetarian meals prepared with loving attention by incredible staff.

We seek to:

- Renew our recognition and appreciation of the extraordinary, wonderful human interactions and scenarios that we experience daily in our work
- Refresh our spirits and our enthusiasm for the precious work that we do
- Reawaken our appreciation for the privilege of serving in the relief of the suffering of others.

Please treat yourself by joining us and other Healthcare Professionals for this fall weekend and gift yourself and each other by ...

sharing examples of the greatness and wonder of the human spirit of patients, families, and caregivers. Come and nurture your body, mind and spirit as together we remember and revitalize the preciousness of our human selves and the work that we do.

To Register:

www.peace-village.org
(518) 589-5000

Further Information:

Carmen Palmer, RN
pol@pointoflife.org
(516) 773-7320

Retreat Conveners include:

Shvetank Agarwal, MD, Assistant Professor, Dept. of Anesthesiology, Division of Cardiac Anesthesia, Georgia Health Sciences University, Augusta, Georgia.

Carol Davis, DPT, EdD, tenured Professor at the Miller School of Medicine, Department of Physical Therapy, University of Miami; authors books and articles.

Merrilyn Hener, MSPT, Physical therapist by profession and Raja Yoga student and teacher by passion; specialist in Integrative Manual Therapy; teaches hatha yoga.

Kala Iyengar, MD, Board-certified Pediatrician by training and a spiritual teacher by passion, Director of the Peace Village Learning & Retreat Center, Founding Director, Point of Life Foundation.

Carmen Palmer, RN, MPH, Coordinates and facilitates Programs offered by the Point of Life Foundation.

Aarti Pappu, RPA-C, Physician Assistant, Albany Medical Center, New York.

Celina Pereira, MD, Staff Physician, University of Rhode Island Health Services, experienced in stress reduction, and wellness management.

Kathleen Thompson, RN, Assistant Director of Nursing for Psychiatric Services

Joan Vitello, PhD, RN, Consultant, speaker, author, educator, and healthcare administrator; Associate Chief Nurse, Brigham and Women's Hospital, Boston; President of the Vision of a Better World Foundation.

Harvey Zarren, MD, FACC, Founder and Physician Director of the Healing Your Heart and Healing With Hope Programs, NSMC Union Hospital, Lynn, MA; President, Board of the Integrative Medicine Alliance.

Retreat Co-sponsors:

- Point of Life Foundation (www.pointoflife.org)
- Brahma Kumaris (www.bkwsu.org/us)
- Integrative Medicine Alliance (www.integrativemedalliance.org)

Contributions:

All Hope in Healthcare retreats at Peace Village are made possible by the generosity and contribution of the participants. Please check with the Peace Village staff for details.

Peace Village
Learning & Retreat Center
Haines Falls, NY 12436

